



Puget Sound Research Menus:

JANUARY 17TH, 2019

Salad

Chef's Choice

Entrée selections:

- 1) Grilled Beef Loin – house made chimichurri
- 2) Prawn Scampi – white wine butter sauce
- 3) (V) Cauliflower Mash & Grilled Portobello

Sides

Chef's choice starch

Seasonal Vegetables

Dessert

Pastry Chef's Choice

FEBRUARY 28TH, 2019

Salad

Chef's Choice

Entrée selections:

- 1) Rosemary Chicken
- 2) Grilled Salmon – Lemon Herb Butter
- 3) (V) Pasta Primavera

Sides

Chef's choice Starch

Seasonal Vegetables

Dessert

Pastry Chef's Choice

MARCH 21ST 2019

Salad

Chef's Choice

Entrée selections:

- 1) Pork Shanks – whiskey barbeque sauce
- 2) Mahi Mahi – black bean salsa
- 3) (V) Tofu Stir Fry

Sides

Chef's choice Starch

Seasonal Vegetables

Dessert

Pastry Chef's Choice