



**Puget Sound Research Monthly Luncheon**  
all entrees served with Chef's choice salad & dessert

**JANUARY 2020**

Entrée selections:

- 1) Grilled Beef – balsamic demi
- 2) Crab Cakes – coconut curry
- 3) (V) Stuffed Bell Peppers

Sides

Rice Pilaf

Seasonal Vegetables

**FEBRUARY 2020**

Entrée selections:

- 1) Honey Mustard Chicken
- 2) Salmon – fuji apple salsa
- 3) (V) Pasta Pesto with vegetables

Sides

Roasted Potatoes

Seasonal Vegetables

**MARCH 2020**

Entrée selections:

- 1) Hibachi Beef
- 2) Grilled Teriyaki Prawns
- 3) (V) Tofu Stir Fry

Sides

Jasmin Rice

Seasonal Vegetables

**APRIL 2020**

Entrée selections:

- 1) Whiskey BBQ Pork Shanks
- 2) Panko Tilapia
- 3) (V) Eggplant Rollatini

Sides

Mashed Potatoes

Seasonal Vegetables

**MAY 2020**

Entrée selections:

- 1) Grilled Chicken – white wine sauce
- 2) Salmon – lemon blur blanc
- 3) (V) Spaghetti Squash – grilled tomato

Sides

Roasted Potatoes

Seasonal Vegetables